

Selected Istighfar Du'as from Quran and Hadith

رَبَّنَا فَاعْفُرْ لَنَا ذُنُوبَنَا وَكَفِّرْ عَنَّا سَيِّئَاتِنَا وَتَوَقَّنَا مَعَ الْأَبْرَارِ ؕ

(Our Lord! Forgive us our sins, remove our evil deeds and make us to die among the righteous.)

[3:193]

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رَبَّنَا ظَلَمْنَا أَنفُسَنَا وَإِن لَّمْ تَغْفِرْ لَنَا وَتَرْحَمْنَا لَنَكُونَنَّ مِنَ الْخَاسِرِينَ

(Our Lord! We have wronged ourselves. If You do not forgive us and have mercy on us, we will certainly be losers.)

[7:23]

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رَبِّ اغْفِرْ وَارْحَمْ وَأَنْتَ خَيْرُ الرَّحِيمِينَ ؕ

(My Lord, forgive and have mercy, for You are the best of the merciful.)

[23:118]

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وَاعْفُ عَنَّا وَاعْفِرْ لَنَا وَارْحَمْنَا إِنَّكَ مَوْلَانَا فَانصُرْنَا عَلَى الْقَوْمِ الْكَافِرِينَ ؕ

(And pardon us; and forgive us; and have mercy upon us. You are our protector, so give us victory over the disbelieving people.)

[2:286]

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رَبَّنَا اغْفِرْ لَنَا وَلِإِخْوَانِنَا الَّذِينَ سَبَقُونَا بِالْإِيمَانِ وَلَا تَجْعَلْ فِي قُلُوبِنَا غِلًّا لِلَّذِينَ آمَنُوا رَبَّنَا إِنَّكَ رَءُوفٌ رَّحِيمٌ ؕ

(Our Lord, forgive us and those of our brothers who preceded us in faith, and do not place in our hearts any hatred against those who believe; Surely, Our Lord, you are Very-Kind, Very-Merciful..)

[59:10]

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اللَّهُمَّ إِنَّكَ عَفُوٌّ كَرِيمٌ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

(O Allah, You are Forgiving and love forgiveness, so forgive me.)

[Sunan Ibn Majah]

Whenever the Messenger of Allah ﷺ concluded his prayer, he

ﷺ would beg forgiveness from Allah

أَسْتَغْفِرُ اللَّهَ . أَسْتَغْفِرُ اللَّهَ . أَسْتَغْفِرُ اللَّهَ .

(I beseech Allah for forgiveness - 3 times)

اللَّهُمَّ أَنْتَ السَّلَامُ وَمِنْكَ السَّلَامُ تَبَارَكْتَ يَا ذَا الْجَلَالِ وَالْإِكْرَامِ

(O Allah, You are Peace and from You comes peace. Blessed are You, O Possessor of Majesty and Honor)!

[Muslim]

Istighfar - Repentance

أَسْتَغْفِرُ اللَّهَ وَأَتُوبُ إِلَيْهِ

(I seek Allah's forgiveness and I turn to Him in repentance)

Frequency → 100 times in a day

[Al-Bukhari, Al-Asqalani, Fathul-Bari 11/101, Muslim; Cited in: Sunnah.com]

Istighfar in a Majlis (assembly) of Prophet ﷺ

رَبِّ اغْفِرْ لِي، وَتُبْ عَلَيَّ، إِنَّكَ أَنْتَ التَّوَّابُ الرَّحِيمُ

(O my Lord, forgive me and accept my repentance, indeed You are the One if Oft-Returning¹, most merciful)

¹ acceptance of repentance repeatedly

Frequency → 100 times in a day

** Ibn 'Umar رضي الله عنهما said, "We would count that The Prophet ﷺ would say in one sitting (majlis) one hundred times: [the above] "

[Al Adab al Mufrad- Bukhari]

Frequently recited by Prophet ﷺ

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ أَسْتَغْفِرُ اللَّهَ وَأَتُوبُ إِلَيْهِ

(Glory be to Allah and His is the Praise. I beg forgiveness from Allah and I turn to Him in repentance.)

** Aishah رضي الله عنه reported that : Prior to his demise, the Messenger of Allah ﷺ used to supplicate [the above] frequently.

[Al-Bukhari and Muslim]

Sayyidul Istighfar - Leader of Istighfar/forgiveness

اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ ، خَلَقْتَنِي وَأَنَا عَبْدُكَ ،
وَأَنَا عَلَى عَهْدِكَ وَوَعْدِكَ مَا اسْتَطَعْتُ ،
أَعُوذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ ، أBOءُكَ بِنِعْمَتِكَ عَلَيَّ ،
وَأBOءُكَ بِذُنُوبِي فَأَعْفِرْ لِي فَإِنَّهُ لَا يَعْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

(O Allah, You are my Lord, none has the right to be worshiped except You, You created me and I am Your servant, and I abide to Your covenant and promise [to honor it] as best I can, I take refuge in You from the evil of which I committed, I acknowledge Your favor upon me and I acknowledge my sin, so forgive me, for verily none can forgive sins except You.)

Frequency → 1 time - Morning and Evening

** The Prophet (ﷺ) said, "The most superior way of asking for forgiveness from Allah is: [The above Dua'] If somebody recites this invocation during the night, and if he should die then, he will go to Paradise (or he will be from the people of Paradise). And if he recites it in the morning, and if he should die on the same day, he will have the same fate."

[Al-Bukhari]

Another comprehensive Dua' of Istighfar recited by Prophet ﷺ

اللَّهُمَّ اغْفِرْ لِي خَطِيئَتِي، وَجَهْلِي، وَإِسْرَافِي فِي أَمْرِي، وَمَا أَنْتَ أَعْلَمُ بِهِ مِنِّي، اللَّهُمَّ
اغْفِرْ لِي جِدِّي، وَهَزْلِي، وَخَطِيئِي، وَعَمْدِي، وَكُلُّ ذَلِكَ عِنْدِي، اللَّهُمَّ اغْفِرْ لِي مَا
قَدَّمْتُ، وَمَا أَخَّرْتُ، وَمَا أَسْرَرْتُ، وَمَا أَعْلَنْتُ، وَمَا أَنْتَ أَعْلَمُ بِهِ مِنِّي، أَنْتَ الْمُبْدِئُ
وَالْمُؤَخِّرُ، وَأَنْتَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

(O Allah, forgive me my faults, my ignorance, my extravagance in my affairs. And you are better aware (of my affairs) than myself. O Allah, grant me forgiveness (of the faults which I committed) seriously or jokingly (and which I committed) inadvertently and deliberately. All these (failings) are in me. O Allah, grant me forgiveness for my former and future sins (which I may commit), which I committed secretly and openly; and you are better aware (of them) than myself. You are the First and the Last and over all things you are Omnipotent.)

** Abu Musa al-Ash'ari رضي الله عنه narrated that the Messenger of Allah ﷺ used to supplicate: [the above dua'].

[Al-Bukhari and Muslim]

Dua' after Burial for Forgiveness and Firmness at the Questions of Angels

For Males

اللَّهُمَّ اغْفِرْ لَهُ وَثَبِّتْهُ

(O Allah! forgive him and make him steadfast)

For Females

اللَّهُمَّ اغْفِرْ لَهَا وَثَبِّتْهَا

(O Allah! forgive her and make her steadfast)

Istighfar that wipe out sins even if they're like the foam of an ocean...

اَسْتَغْفِرُ اللهَ الْعَظِيمَ الَّذِي لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ وَأَتُوبُ إِلَيْهِ

(I seek forgiveness from Allah, the Supreme, there is no god but He, the Ever Living, the Self-Subsisting/the Eternal, and I repent to Him.)

**Allah's Messenger (ﷺ) said: Whoever says: [the above], Allah will forgive him even if he fled from battle."

[Abu Dawud, At-Tirmidhi]

**The Prophet (ﷺ) said: Whoever says: [the above], 3 times when he goes to bed, Allah shall forgive him his sins if they were like the foam of the sea, even if they were the number of leaves of the trees, even if they were the number of sand particles of `Alij, even if they were the number of the days of the world

[At-Tirmidhi]

Allah's Mercy is wider than our Sins

اللَّهُمَّ مَغْفِرَتُكَ أَوْسَعُ مِنْ ذُنُوبِي وَرَحْمَتُكَ أَرْجَى عِنْدِي مِنْ عَمَلِي

(O Allah, Your Forgiveness is wider than my sins and I have more hope in Your Mercy than in my own deeds.)

** A man came to the Messenger of Allah (ﷺ) and he said: "O my sins! O my sins!" The Prophet (ﷺ) said to him: Say: [the above]. The man said it, then the Prophet (ﷺ) said: "repeat it". The man repeated it, then the Prophet (ﷺ) said "repeat it again". The man repeated it, then the Prophet (ﷺ) said, "stand up, Allah has forgiven you."

[Hakim, Baihaqi - cited in Arabic database: Dorar.net]

Protection from Shirk and seek forgiveness

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ أَنْ أَشْرِكَ بِكَ وَأَنَا أَعْلَمُ، وَأَسْتَغْفِرُكَ لِمَا لَا أَعْلَمُ

(O Allah! I seek refuge in you lest I associate anything with you while I know it, and I seek your forgiveness for what I do not know.)

** Maqil bin Yasar رَضِيَ اللهُ عَنْهُ said that he came to the Prophet (ﷺ) with Abu Bakr رَضِيَ اللهُ عَنْهُ . He (ﷺ) said, "O Abu Bakr, polytheism enters your people more quietly (secretly) than the movement of ants." Abu Bakr asked, "Is there a kind of polytheism besides associating anything with Allah?" The Prophet (ﷺ) said, "By him who has my life in his power, polytheism is more concealed than the movement of ants. Shall I not teach you something which if you say will eliminate minor or major (polytheism)?" He (ﷺ) then said, "Say: [the above]."

[Al-Adab Al-Mufrad (Bukhari)]