

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allah, Most Gracious, Most Merciful

*Surah Aal-e-'Imran*

يَسْرِيْمُ اقْنُتِي لِرَبِّكِ وَاَسْجُدِي وَاَرْكَعِي مَعَ الرَّاكِعِيْنَ ﴿٤٣﴾

**43. "O Mary! worship Thy Lord devoutly: Prostrate thyself, and bow down (in prayer) with those who bow down."**

Allah states that the angels commanded Maryam to increase acts of worship, humbleness, submission, prostration, bowing, and so forth, so that she would acquire what Allah had decreed for her, as a test for her. Yet, this test also earned her a higher grade in this life and the Hereafter, for Allah demonstrated His might by creating a son inside her without male intervention.

*Tafsir Ibn Kathir*

...This means to stand a long time in prayer, as Mujāhid said. Qatādah said that it is to be constant in obedience...Al-Awzā'ī said, 'When the angels said that to her, she stood in the prayer until her feet were swollen and ran with blood and pus...'

*Tafsir Qurtubi*

